

THE DIVAN OF THE DRAGON POWER TULIP RUG OF P.D. OUSPENSKY GATE
 ON THE CAUCASIAN DRAGON POWER RUG NAILED ON THE WALL OF HIS NEW JERSEY OFFICE,
 GOOD OLD RELIABLE P.D. OUSPENSKY, A DRAGON SNAKE DECREED ENTWINED IN A
 THREE TREE WOODS ATTACKED FROM THE RIGHT BY A LITTLE MAN WITH A
 LIGHT BULB FLYING OUT OVER HIS HEAD AND ATTACKED BELOW HIM
 BY A LITTLE MAN LIFTING A CHALICE OUT IN A TOAST ON A BIG
 WHITE HORSE AND BELOW HIM ATTACKED BY A LITTLE
 MAN HURLING A LIGHTNING BOLT OUT AND ALL
 SURROUNDED BY HOT LITTLE COFFEE
 SAMOVARS IMMERSSED ON A
 RICH FIELD OF DARK
 WOOL
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1.

THE LIGHTER THAN AIR LIGHT BULB O F WISH FOR ENLIGHTENMENT FLYING
 OUT OVER THE HEAD OF THE LITTLE RUNNING MAN AT THE TOP OF
 THE CAUCASIAN DRAGON RUG SHINING ON THE WALL OF THE
 CLOSE NEW JERSEY OFFICE OF GOOD OLD RELIABLE
 P.D. OUSPENSKY
 G
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 E

what you
 have to know
 is very very little but
 to know that little takes
 very very much. It's like look-
 ing for an invisible needle in an
 opaque haystack: The clever
 way to find a needle in a
 haystack is burn the
 hay and look for
 something
 shining
 in the
 ashes.

2.

THE METICULOUS GRAIL OF THE GRADUAL SCHOOL HELD OUT IN A TOAST
BY THE LITTLE GOOD MAN ON THE BIG WHITE HORSE IN THE MIDDLE OF
THE CAUCASIAN DRAGON RUG DISPLAYED ON THE WALL OF THE
CLOSE NEW JERSEY OFFICE OF GOOD OLD RELIABLE
P.D. OUSP ENSKY

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They say we cannot do it, yet without us it cannot
Be done. Then they say we have to do it ourselves.
I try to be so humble in my approach to the work.
I do try very hard to be good inside and out, but
The wish for consciousness goes beyond inner
Weather conditions. I must stretch my wings.
My mind must be quiet for me to realize
My attention doesn't come into my body.
Time and again, I must place it there.
For this to change the quality
Of my deepest energy,
Create presence
Of my Self,
To my Self,
In my Self,
By my Self,
From my Self,
I quiet my mind.
I sense my body.
I live from this:
Don't think! It's
Deadly: Realize:
I breathe from this.
I will grow from this.
Everything comes from this.
I must quiet my mind to
Be present to sensations
Of my body, inside my body.
Perhaps shallow, perhaps deep,
Everything else is aimless sleep.

3.

THE HUMBLE LITTLE HOT PURE LIGHTNING BOLT SPEAR OF REPEATED RIGHT EFFORTS OF THE LITTLE
GOOD MAN ON THE BOTTOM ATTACKING THE GIGANTIC DRAGON SNAKE ON THE LEFT
OF THE CAUCASIAN DRAGON RUG SPREAD ON THE WALL OF THE
CLOSE NEW JERSEY OFFICE OF GOOD OLD RELIABLE
P.D. OUSP ENSKY

G
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Self. your Be your Self. Find your Self. Rem ember
Self. your
Be your
Self. Find your Self. Rem ember
never forget the taste of your
never never
pushed back has its nose bulldog esoteric
so it may still breathe while sustaining its taste of the marrow of its quarry, never

THE SECRET D
ENT

RAGON SNAKE OF PURE
WINED IN AND AROUND
POSITIVE, NEGATIVE, AN
DRAGON RUG HAN
NEW J

4.

SEXUAL ENERGY, A
THE THREE INVISIB
D NEUTRAL WOODS
GING ON THE WALL
ERSEY OFFICE OF G
RELIABLE P.D. OUSP

DRENALINE, AND REASON
LE TREE GROVE OF THE
ON THE CAUCASIAN
OF THE CLOSE
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go
in hap
rich in
food in dri
nny in fat in
in hot cunt in
in ass hole in
in eye in good
in bad song or
banana or fire
moon pools and
rivers of skin
of suns in
in ca

and in wreck creation and in
in dare in scare in love in life
pininess in peace in war in
poor in air in
nk in ski
hot cock
mouth
arm pit
songs or
in hot wet
melon ripe
tongues like
like gardens
a full rich life of fuck down
verns well known to man,
bees buzz vagina and penis

go out and fuck *
amateur creation in
in liberty in wonder

)
Of slide wise in
pure ♥ sexual energy I hiss
forever in procreatio →
joy n

and flower sung
sharpeners of red hot
cat purr and hot bird
flutter and
spray
sway
dirts
the deep
of the heart
your mind. Shine
dung-y low light

up
fish
and tree
sky high
dark in
pool
of

out, o obscure
for a subtle slide
voice is
calling
up to
ot
uoy
.evil

5.

THE SPARKLING LITTLE JOY SAMOVARS AND SUN FRUITS IMMERSSED AT RANDOM WITHIN
 THE FIELD OF IMMACULATE MATHEMATIC SINGING BLOOD ON THE TERROR
 MEAT RED WOOF OF THE CAUCASIAN DRAGON POWER RUG
 HUNG ON THE WARP OF THE CLOSE NEW JERSEY
 OFFICE OF G O O D O L D RELIABLE
 P. D. O U S P E N S K Y

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E

Well
He llo
Dalai!

SI
Slee pers
awake.

VII

DO

Don't take
any shit
impressions
from any
one.

I

When a
spark of joy
rises up your
spine and around
your neck like an
static jeweled necklace

of this is it!
Slow down
(or you'll)
(fall down)

When
your
blood stops boiling
and your muscle
simmers down,
the steam of, it's over;
in I did it.

Slow down
(or you'll)
(fall down)

RE
Know
yo ur
Self.
II

MI
It all depends
on how much air
you can hold.

III

This
is this and
all that
is that.
This is
all there is
and that is
death shit. Stop
in extremes
gracefully.
Slow down
(or you'll)
(fall down)

Earn your
living with
your little
finger.

STOP
Right here!
On this
point!
This is where
the circle
breath meets the line
of of the spine.
Slow down
(or you'll
fall down)

LA

I want a flume
just like the womb
that tarried
dear old
doom.

VI

FA

Everyone
has their
o w n
tempo.
IV

SOL

You
are what
you eat.
V

All
else
is fruity
fodder delusions
of grandeur.
god Slow down
(or you'll)
(fall down)

Stars shine bright on shatter light and behind that a dark crawling wheel of slow slow over-righteous, tight, spokes:
 "You know you are not, but I am, right." Thee. The. The. That's the slow school is good and slow all right, folks.