## THE SELF-HATRED ATTACKED SELF'S HANDY

## FAIL-SAFE POCKET BATTLE GUIDE GATE

(advertisement)

## REALIZE SELF

Realize where you are.

Realize what you are.

Realize what you are not.

Realize what you are responsible for.

Realize what you are not responsible for.

Realize where your Self is.

Realize where your Self-hatred is.

Realize where any other's Self is.

Realize where any other's Self-hatred is.

Do to your Self what your Self does to you.

Do to your Self-hatred worse than your Self-hatred does to you.

Do to other Selfs what they do to you.

Do to other Self-hatred's what you do to yours.

Always be prepared for ambush by your own Self-

hatred's support of your death.

Always be prepared to be ambushed by others' Self-

hatred's support of your own Self-hatred.

Always defend your Self inside from your Self-hatred.

Always defend your Self inside from others' Self-hatred.

Only defend your Self obviously outside if the other

person can understand they have a Self.

Only defend other Selfs obviously outside if they have

a sense of humor about their Self-hatred.

Always give a Self an even break.

Never give a Self-hatred an even break.

Always smarten up a Self.

Never smarten up a Self-hatred.

Never cheat an honest or dishonest Self.

There is absolutely no reason for any honest, or any

dishonest, or any other Self-hatred to exist.

If repeatedly foiled, all Self-hatreds will destroy them-

selves to try to destroy their victim Selfs.

Never fear destroying any Self-hatred.

Detach, infold, and keep near heart.

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SELF

KINDNESS

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