## **GATE**

## THE SELF

## Resonate your Self. Remember your Self. Wish to remember to live from your Self No matter where inside you sense your Self, Your individuality is singing inside you:

In every breath your humanity wishes to live your life wishes to be one with you and to grow to increase consciousness and to love loves love

seeking humanity inside, outside, and in-between

participating in the evolution of human consciousness your Self aims to be an empty mirror in every breath living from an inner light to help you to realize what arises as you search inside to find your Self

hopes to be more alive to grow with others to be able to do exactly what it is to attain internal

freedom to demand to be what is inside and do it

on the outside to know its Self to live its truth

your Self aims to realize what it is to help you

to constantly live in a higher state of presence
to have inner peace, see things as they really are
to have compassion for others, help you to tune up
a special organ of perception, communication, doing:

Your Self is singing up to you to live in every breath.

To taste your individuality, touch your humanity.

Deep inside you your Self is waiting to be used.

In the breath of your life, live from your Self.